

Guide to Registration

1. What does Bench>Press shared registration mean?

The Journal of Applied Laboratory Medicine (JALM) uses an online manuscript management system called Bench>Press that is used by many different journals, all of which share the same registration system. If you have already registered with another Bench>Press journal, you do not need to repeat the registration process. You simply need to sign in with the same email and password and then complete a profile page for *JALM*.

2. Why do Bench>Press journals share the same registration system?

It is easier and more convenient to use the same sign-in information to access all Bench>Press journals so that you don't have to memorize multiple usernames and passwords. This not only saves you time and effort, but it also prevents confusion by the creation of duplicate accounts.

3. Is there a list of Bench>Press journals to see if I am already registered with another journal?

The current list of Bench>Press journals is available at <http://submit.jalm.org/sites.html>.

4. What else is shared other than username/password?

Your sign-in information (email and password) is the only information that is shared between Bench>Press journals. That's why you will need to create a basic profile for each journal, including your contact information. This also means that if you change your address, you must make the change with all the journals with whom you have accounts.

5. How do I register with *JALM* specifically?

Go to <http://submit.jalm.org/cgi/registration> and enter your email address to check if you are registered with *JALM* or with another Bench>Press journal. *If you have received an email acknowledging a manuscript submission, you should enter the e-mail address that was submitted by the corresponding author (you can change it after you complete the registration process).*

If the email address is in the system, you may already have an account with *JALM* or with another Bench>Press journal. Click on "**Send My Registration Details**" if you are unsure or do not remember your registration details. You can also try to log in at <http://submit.jalm.org>.

If the email address is NOT registered, you will be prompted to choose a password and select a security question/answer. When you click on "**Complete Step 1**," a verification email will be sent to the email address you entered. Click on or copy and paste the link in the verification email to continue with the registration process.

You may contact *JALM* Editorial staff at any point in the registration process for assistance (jalm@aacc.org).